

Kids White - Gray Belt Test

- II Mount Escape (hook the leg)
- II Combo 2
- II Sidekicks & Push Kicks L/R
- II Single Leg Takedown - Run the Pipe
- II Pull Guard (jumping)

- III Double Leg Sprawl
- III Scarf Hold
- III Kimura From Guard & Side-Control
- III Mounted Gi Choke
- III Van Damme from Scarf-hold

- Y Cover Straights & Hooks
- Y Superman Punch
- Y Low Leg Single Leg
- Y Double Leg Leg Trip
- Y Guillotine from Sprawl to Guard Arm Out
- Y Bridge & Roll to Guard Pass to Side Control Americana

Kids Yellow to Yellow-Black Belt Test

- II Arm Triangle from Mount to Side-Control
- II Bear Hug Defense
- II Combos 3 & 4
- II Skip Knee
- II Slips

- III Triangle (push arm through)
- III Triangle Defense (posture)
- III Anaconda Choke
- III Single Arm Judo Toss
- III Flying Knee

Y/B Thai Clinch
Y/B Bobs
Y/B Sit Out to Front Headlock
Y/B Ezekiel Gi Choke from Mount
Y/B Overhand Counter Self Defense Move (Double Under hook Takedown)
Y/B Head & Arm Scissor Sweep

Kids Yellow-Black to White-Orange Belt Test

II Combos 5 & 6
II Covers (away)
II Spinning Back Kick (side kick)
II Corner Cuts
II Guillotine Defense (Arm in & Arm out)

III Gi Choke from Guard
III Single to Double Leg Takedown
III Kneebar
III Checking Kicks
III Combos 7 & 8

W/O Push Elbow Pummel in Thai Defense
W/O Armbar-Triangle-Armbar
W/O Outside Guard Pass
W/O Bow & Arrow Choke
W/O Fish Hook Thai Defense